

# Grow A Row

## To Help Our Island Food Banks



# GROW A ROW

For Your Food Bank in Island County

June 2020

### Grow A Row

It's a good time to donate! So that everyone in our community can enjoy healthy, locally grown food.

Please refer to each foodbank for further information on COVID-19 related guidance.

Mark your calendars or set a reminder in your phone! **Good Cheer** and **North Whidbey Help House** are accepting donations 5 days a week! Please check their hours and other locations for donations times.

**North Whidbey Help House**  
1036 SE Hathaway St. Oak Harbor  
Mon, Wed, Thurs, Fri: 10am to 3pm  
Sat: 10am to 3pm  
[View Website/Donation Info](#)

**Shawano-Cameron Food Bank**  
27200 102nd Ave. NW  
Shawano  
Wed: 10am to 3pm  
Sat: 10am to 3pm  
[View Website/Donation Info](#)

**Good Cheer Food Bank**  
2812 Sunset Rd. Langley  
Mon - Fri: 10am to 4pm  
[View Website/Donation Info](#)

**City from the Heart**  
200 N. Mark St.  
Coupeville  
Please refer to website for more info on hours.  
[View Website](#)

## Plant, Pick, Clean, Give

### FOOD BANK SPOTLIGHT

 **Donations Needed: COVID-19** 

Calling all farmers and gardeners to Grow a Row for our community.

We are in need of additional donations for our **GROW A ROW** program due to COVID-19. Our local foodbanks are accepting donations of fresh produce and vegetables. Please follow proper food safety when handling food and refer to local guidance for COVID-19. For customers, many foodbanks are following the same procedures as retail businesses, such as offering curbside pick. For more information on each foodbank, please visit their website. Thank you to all our Grow a Row Growers who have donated!





**Here are some helpful tips you may already be aware of for handling fresh donations:**

- Pick early in the day for the best quality.
- Keep produce out of the heat and in the shade.
- For delicate produce, like tomatoes and berries, avoid deep containers; the weight on top damages produce below.
- Deliver your produce to local food banks soon after harvesting to retain freshness and quality. Make sure to visually inspect produce for bugs and brush away any visual dirt before donating.
- If possible, package produce in quantities you would typically find at a grocery store. Clean paper or plastic grocery bags work great. This saves time and makes distribution easier for the food bank volunteers.

**Spread the word!** Dedicate a row of produce in your garden to be donated every harvest.

**Donate regularly!** You can drop off your donations at your food bank of choice. Tell a friend, coordinate donation drop-offs after harvest, and get your children or grandchildren involved.